

Changes in Laboratory Specimen Collection Services at The Center for Optimal Health Effective March 1st, 2017

The Center for Optimal Health is dedicated to promoting whole-person health. In order to provide attentive personalized care, we serve a very small number of patients, compared to most other medical practices. Our approach does not fit well with the current health care system in which quantity is valued over quality. Our low volume means unfortunately we are unable to retain laboratories to operate a draw station in our office.

In-depth, comprehensive and accurate laboratory testing is an indispensable tool in promoting our patients' optimal health. The Center for Optimal Health is fortunate to contract with experienced phlebotomist John Donovan (Coast Phlebotomy Services) to perform blood draws for our patients by appointment only 858-829-1802. His fees are \$20 for the first kit, and \$10 per additional kit. This fee covers the blood draw, accurate processing and shipment of the samples to the appropriate laboratories. (Our patients coming in for blood draw prior to follow-up appointments typically will have Cleveland Heart Lab advanced lipid panel and routine lab testing done, so the fee in this instance will be \$30. If there is additional specialty testing eg. food sensitivity testing drawn at the same time, then there will be an additional \$10 charge). Effective March 1, 2017, The Center for Optimal Health will have LabCorp perform routine lab testing and Cleveland Heart Lab will continue to provide advanced cardiovascular lab testing.

To facilitate this transition, our trusted and beloved phlebotomist Gigi will offer her services as independent phlebotomist from March 1st to March 10th Monday through Friday 7:30am-12noon. Her fees are the same as listed above, payable by cash or check (written payable to "cash"). John Donovan will begin offering his services March 13, 2017.

John Donovan (Coast Phlebotomy Services)

by appointment only: 858-829-1802